



# Peer Mediation

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WELCOME

# Aikaterini Laskaridou Foundation

- Non-profit organization
- The Scope of the Foundation is to promote Greek arts and literature as well as maritime tradition and history.
- It organizes and performs every year a large number of cultural and educational programmes. for the general public, and especially the students, teachers and academia
- Our educational programs involve more than 20,000 children each year from schools all over the country

# IAL Mental Health Promotion Programs

- Anti-bullying training programs ( for teachers and students)
- Primary prevention programs- stress, anger management, non-violent communication
- Whole –school approaches- mediation, Mentor teacher model for supporting students with challenging behaviour.

# Anti-bullying & Inclusion Focus

- Collaboration with Inclusive Solutions in the UK since 2007. Training on
- Circle of Friends
- Peer mediation: 5-7 Nov 2014 followed by a pilot supervision of the training delivery in 5 schools across Aticca.

# Let's talk about what you need if...

- You are a victim....
- You are an offender...

- Peer mediation covers the majority of those needs for both victim & offender.
- Disciplinary approaches on their own do not

# The main principles of peer mediation

- The power of the peer group should not be underestimated.
- Putting a stop to bullying and improving school life is **EVERYONE'S** responsibility not just the adults
- Student's should not only be part of the problem but part of the **SOLUTION**
- Solutions coming from the peer group tend to be more constructive and helpful than those coming from adults.



# What peer mediation is NOT

- 3 teacher volunteers please....

# BASIC ELEMENTS

- Peer mediators are volunteers whose willingness to help others has been refined through training and supervision so that they can develop the necessary skills for listening to and supporting their peers in school. Mediators use peaceful conflict resolution skills to achieve their goal.

The support they provide their peers with is **CONFIDENTIAL** (but not secret) unless a topic is discussed that warrants confidentiality to be broken (i.e danger to self or others).

Peer mediation should be used together with the other anti bullying strategies that schools apply

- Train students in active listening, conflict resolution & problem solving and communication skills.
- Give students the opportunity to create meaningful relationships characterized by a genuine interest for one another.

- Support students in a climate of confidentiality
- Work on interpersonal , leadership skills & their confidence.
- Help students to work better as a group .

# 3 MAIN COMPONENTS

- SELECTION
- TRAINING
- SUPERVISION

You must be willing to dedicate the time and effort to keep the program going in the long term. You might need to give up your break or stay after school once a week and you must be prepared that you might need to spend other time during the day dealing with issues relating to mediation.

# What our experience taught us.....

- Discussion of the benefits and problems we encountered in our pilot



# The process of mediation





# Mediation Process

A photograph of three young children sitting around a table in a classroom setting. They appear to be in a mediation session, with one child in the center looking towards the other two. The child on the left has long blonde hair and is wearing a teal shirt. The child in the center has short reddish hair and is wearing a light blue shirt. The child on the right has brown hair with a pink bow and is wearing a pink shirt. They are all looking towards the center of the table.

1. Set rules
2. Listen to both sides of the story
3. Reflect back facts and feelings
4. Empathize with what the other person is feeling
5. What can you do to make things right
6. Reaching an agreement

# 6 Juggling Balls

Qualities of a good  
mediator....





Welcoming Wizard



Confidentiality Cat



Listening Lion

# Active Listening

- Carefully listen to what the other person is saying
- Summarize & Reflect what I hear
- Recognize what the other person is feeling
- Label the feelings



# Open Question Octopus





Reflecting Rabbit

- Can you tell us your side of the story...
- So what you are telling us is ...
- It seems that you are feeling .....
- How do you think x feels about that?
- What can You do to make things better?



Helping Hamster

- We don't give advice or tell others what to do instead we help them find their own solutions.
- You will be working as a team, never alone!
- You will have constant support for your teachers and other adults who will help coordinate the program.

# Why Erasmus – Bullying Matters?



Thank you very much!!